

# VEGAN AND VEGETARIAN MENU

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Liven up lunchtime and tackle the munchies with some mixing and matching that caters for every taste.

## Dietary Requests

*We will be pleased to accommodate requests from guests with allergies or specific dietary requirements without compromising on taste, just let us know what you need and leave it to us. Our team will be on hand during your time with us to offer expert knowledge on culinary requirements and provide dietary advice where needed.*

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## VEGAN STARTERS

### **SF** **V** Sweetcorn Panna Cotta

(V)

Charred corn ribs, chilli salsa, coriander oil, avocado purée, herb salad

### **SF** **V** Textures of Welsh Blas Y Tir Cauliflower (V,SD)

Saffron soured, grilled and panna cotta cauliflower, beetroot relish, grilled shallots

### **SF** **V** Heritage Beetroot Salad

(V,G,SD)

Couscous and pumpkin seeds, grilled asparagus, watermelon

### **SF** **V** Grilled Pear and Walnut Salad

(V,N,Se)

Baby cress salad, spiced houmous and pomegranate, pickled shallots

### **SF** **V** Seeded Plant-Based Rissole

(V,S,Se,G,SD)

Minted pea salad, spiced tomato ketchup

### **SF** **V** Smoked Carrot and Ginger Panna

Cotta (V,G,N,C)

Pepper relish, fennel, celery and walnut salad, black pepper crisps

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## VEGETARIAN STARTERS

### **SF** **V** Perl Las Blue Cheese Bruschetta

(V,D,N,SD)

Poached pear, rocket and hazelnut salad, raspberry vinaigrette

### **SF** **V** Sun Blushed Tomato and Mozzarella Arancini (V,G,E,D)

Spiced sun blushed tomato chutney, balsamic syrup, pea shoots

### **SF** **V** Plum Tomato and Beetroot Tart Fine

(V,D,G,Mu,S,E)

Chicory and apple, mustard seed dressing, cranberry gel



## VEGAN MAIN COURSE

**SF** **V** BBQ Grilled Cauliflower Steak  
(V)

Spiced sweet potato, Romanesco, chimichurri, baby tomatoes

**SF** **V** Spiced Vegetable and Chickpea Roast  
(V)

Roasted tomato, butternut squash purée, tenderstem broccoli, red pepper dressing

**SF** **V** Sage and Onion Potato Galette  
(V)

Caramelised shallot, wild mushrooms seasonal vegetables, rocket gremolata

**SF** **V** Truffled Celeriac and Chestnut Mushroom Pithivier

(V,G,SD,C)

Cauliflower purée, roasted beetroot, seasonal vegetables and thyme red wine jus

**SF** **V** Spiced Cauliflower with Mushroom and sundried Tomato Filo Parcel  
(V,G)

Spiced pumpkin and potato tian, charred spring onion, kale pesto

## VEGETARIAN MAIN COURSES

**SF** Goat's Cheese and Onion Jam Pithivier  
(V,G,D,E,Mu)

Butternut squash, asparagus, confit potato, tomato and grain mustard hollandaise

**SF** Welsh Cheddar and Pumpkin Risotto  
(V,D)

Sautéed wild mushrooms, asparagus, tarragon oil, baby tomatoes and truffle oil

**SF** Edamame Bean and Mozzarella Stuffed Portobello Mushroom

(V,D,G,S)

Chilli broccoli, beetroot ketchup, tomato couscous salad, roasted pepper sauce

## DESSERTS

Please note that all desserts on all menus are suitable for vegetarians

**V** Chocolate and Raspberry  
(V,S,SD,N)

Gluten free brownie, chocolate tofu mousse, glazed with raspberry jelly

**V** Pear  
(V,SD,N)

Pear mousse with a pear filling, pear glaze on a gluten free soba

**V** Chocolate and Orange  
(V,S,SD)

Orange cake filled with orange cream, topped with dark chocolate and tofu chocolate mousse

**V** Strawberry  
(V,SD,N)

Strawberry mousse with vanilla sponge, strawberry glaze, on a gluten free soba

**V** Passion Fruit  
(V,SD,N)

Passion fruit mousse with a passion fruit filling, passion fruit glaze, on a gluten free soba, desiccated coconut, raspberry gel



**SF** Super Food Vegan

**V** Vegan

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.